

JUNE	Western ME Direct To Consumer (farm stands, farmers' markets, etc.)	Western ME Supermarket		
FRUIT				all natural, grassfed, antibiotic free, etc.
	Blueberries - lb	\$ 14.97		local, not organic
	Fuji Apples - lb	\$ 2.49	NO	Not organic
	Red Delicious Apples - lb	\$ 2.49	O	Organic
	Green Grapes - lb	\$ 3.99		

VEGETABLES

	Broccoli - lb	\$ 2.50		
	Carrots - lb	\$ 1.00		
	Cauliflower - lb	\$ 3.43		
	Onion, Red - lb	\$ 1.66		
	Onion, Yellow - lb	\$ 1.33		
	Potato, Red, Yellow - lb	\$ 1.00		
	Potato, Russet - lb	\$ 1.20		
	Potato, Sweet - lb	\$ 1.66		
	Squash, Acorn - lb	\$ 1.99		
	Squash, Yellow - lb	\$ 3.20		
	Cabbage, Green - lb	\$ 1.49		
	Cabbage, Red - lb	\$ 2.29		

MEATS & EGGS

Eggs (dozen)				
	Chicken Eggs, NO	2.88		
	Chicken Eggs, O	\$ 4.99		
Beef (all per pound)				
	Ground, NO grass-fed	\$ 5.25		
	Organ Meat, NO grass-fed	\$ 2.00		
	Steaks (all), NO grass-fed	\$ 10.00		
	Stew, NO grass-fed	\$ 6.00		
	Filet Mignon, NO grass-fed	\$ 29.99		
	Porterhouse/Rib-Eye, NO grass-fed	\$ 17.99		
	T-Bone, NO grass-fed	\$ 15.00		
	NY Sirloin, NO grass-fed	\$ 12.99		
	Flank/Skirt/London Broil, NO grass-fed	\$ 11.99		
	Chuck Roast/Stew Meat/Shaved Steak/Brisket, NO grass-fed	\$ 8.99		
	Short Ribs, NO grass-fed	\$ 6.00		
	Hamburger Patties, NO grass-fed	\$ 7.99		
Pork (all per pound)				
	Back fat, NO Pasture-Raised	\$ 2.00		
	Bacon, NO Pasture-Raised	\$ 6.00		
	Chops, NO Pasture-Raised	\$ 6.00		
	Ground, NO Pasture-Raised	\$ 5.00		
	Liver, NO Pasture-Raised	\$ 2.00		
	Roasts, NO Pasture-Raised	\$ 6.00		
	Sausage, NO Pasture-Raised	\$ 5.00		

DAIRY

	Milk - gallon	\$ 5.00	\$ 4.59	
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Thanks to Pricing Volunteer Scott Holbrook for gathering this information!